Appendix A - Jhāna in the Majjhima Nikāya Spreadsheet - Page 1

	Jhanas				Arupas[5.]					3 Knowledges				Brahma viharas								Stages[13.]											
Sutta Reference	1st jhāna[1.]	2nd jhāna[2.]	3rd jhāna[3.]	4th jhāna[4.]	Infinite space (5th jhāna)	Infinite consciousness (6th jhāna)	Nothingness (7th jhāna)	Neither perception nor non-perception (8th jhāna)	cessation (9th jhana)[19]	Past lives[6.]	Beings reborn according to their karma[7.]	4 Noble Truths[8.]	Deliverance by wisdom[9..]	Lovingkindness (mettā)	Compassion (karuṇā)	Altruistic joy (muditā)	Eqanimity (upekkhā)	Dependent origination[10..]	Precepts	Āsava (taints)[11.]	Supernormal powers[12.]	Stream-entry (sotāpanna)[14.]	Once-returner (sakadāgāmin)[15.]	Non returner (anāgāmin)[16.]	Fully liberated one (arahant)	Emptiness (voidness)[17.]	Eightfold noble path[18.]	5 Hindrances[20.]	Ascetic practices[21.]	Khandas[22.]	4 Foundations of mindfulness (satipaṭṭhānas)[23.]	Count[24.]
1.23	<----------|---------->	[25]			X	X	X	X																									1
4.23-26	X	X	X	X						X	X	X		X						X													2
6.9	X	X	X	X	R	R	R	R		X	X		X						X	X	X	X	X	X	X								3
7.8-11	<----------|---------->	[26]												X	X	X	X			X													4
8.4-7[27.]	O	O	O	O	X	X	X	X																									5
10.34[28.]	<----------|---------->				<----------|---------->				X			X																			X	6
12.16	X	X	X	X						X	X		X							X	X								X				7
13.32-35[29.]	A	A	A	A																													8
14.4[30.]	<----------|---------->																																9
19.14-23	X	X	X	X						X	X	X																					10
20.2[31.]	<----------|---------->																																11
25.12-15	X	X	X	X	X	X	X	X	X																								12
26.34-37	X	X	X	X	X	X	2 [32.]	2	X				X							X													13
27.19-22	X	X	X	X						X	X	X							X		X							X					14
30.13-16	X	X	X	X	X	X	X	X											R														15
31.10-13	X	X	X	X	X	X	X	X	X					X							X												16
36.31, 34-37	2	X	X	X						X	X	X																	X				17
38.39	X	X	X	X														X										X					18
39.15-18	X	X	X	X						X	X	X							R	X								X					19
40.8	<----------|---------->	[33.]												X	X	X	X			X													20
43.18-20, 43.26	X			X	X	X	X		X			X		X	X	X	X			X						X		X		X			21
44.28	X			X					X																		X			X			22
45.7	X	X	X	X																													23
(50.10)									X					X	X	X	X																
51.20-23	X	X	X	X						X	X	X							X	X								X				X	24
52.4-7	X	X	X	X	X	X	X							X	X	X	X			X													25
53.6, 53.18-19	X	X	X	X						X	X		X						X	X													26
54.15, 54.21				R[34.]						X	X		X						X														27
59.7-10	X	X	X	X	X	X	X	X	X																								28
64.9	X	X	X	X	X	X	X													X													29
65.16-17	X	X	X	X						X	X	X							X														30
66.20, 66.22-25, 66.26-29	X	X	X	X	X	X	X	X	X																								31
68.6[35.]	<----------|---------->																					X	X	X									32
69.18[36.]	<----------|---------->				<----------|---------->														X		X												33

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	Jhanas				Arupas[5.]					3 Knowledges				Brahma viharas								Stages[13.]										
Sutta Reference	1st jhāna[1.]	2nd jhāna[2.]	3rd jhāna[3.]	4th jhāna[4.]	Infinite space (5th jhāna)	Infinite consciousness (6th jhāna)	Nothingness (7th jhāna)	Neither perception nor non-perception (8th jhāna)	cessation (9th jhana)[19]	Past lives[6.]	Beings reborn according to their karma[7.]	4 Noble Truths[8.]	Deliverance by wisdom[9..]	Lovingkindness (mettā)	Compassion (karuṇā)	Altruistic joy (muditā)	Eqanimity (upekkhā)	Dependent origination[10..]	Precepts	Āsava (taints)[11.]	Supernormal powers[12.]	Stream-entry (sotāpanna)[14.]	Once-returner (sakadāgāmin)[15.]	Non returner (anāgāmin)[16.]	Fully liberated one (arahant)	Emptiness (voidness)[17.]	Eightfold noble path[18.]	5 Hindrances[20.]	Ascetic practices[21.]	Khandas[22.]	4 Foundations of mindfulness (satipaṭṭhānas)[23.]	Count[24.]
76.43-46	X	X	X	X						X	X	X								X								X				34
77.25-28[37.]	X	X	X	X	X	X	X	X	X	X		X								X	X						X				X	35
78.12-13	X	X																														36
79.37-40, 79.25, 79.27	X	X	X	X						X	X	X							X	X								X				37
85.15-42	X	X	X	X						X	X	X									X								X			38
94.22-25	X	X	X	X						X	X	X		X	X	X	X		X													39
98.45	X	X	X	X																												40
99.17	X	X												X	X	X	X											X				41
100.31-34	X	X	X	X						X	X	X																	X			42
101.38-41	X	X	X	X						X	X	X																X	X			43
102.17-21	R	R	R	R	R	R	X																									44
105.10[38.]				R	R	R	X	X																								45
106.3-4				R	R	R	X	X																								46
107.10	X	X	X	X																												47
108.17, 108.27	X	X	X	X						X	X		X						X		X											48
111.3-111.10	X	X	X	X	X	X	X	X	X																							49
112.18	X	X	X	X						X	X	X								X								X				50
113.21-24	X	X	X	X	X	X	X	X	X																							51
117.3	<----------I---------->																															52
118.19-20[39.]	<----------I---------->																															53
119.18-21,36	X	X	X	X						X	X		X								X											54
(120.33-36)					X	X	X	X																								
(121.6-9)					X	X	X	X												X						X						
122.4, 122.8	X	X	X	X	R	R	R	R																		X						55
125.2, 125.25	X	X	X	X						X	X	X							X									X			X	56
127.8	<----------I---------->													X	X	X	X															57
128.31-32	R	R	R	R										X							X											58
(137.19-26)					X	X	X	X	X																							
138.12-19	X	X	X	X																										X		59
139.9	X	X	X	X																							X		X			60
140.20[40.]				R	X	X	X	X																								61
141.31	X	X	X	X								X										X								X		62
(143.12)					X	X	X	X																						X		